

(Pdf free) File size: 73.Mb

Cancer is My Teacher (English Edition)



Par Lucy O'Donnell
**Download PDF | ePub | DOC | audiobook | ebooks*

Dtails sur le produit Publi le: 2014-09-30
Sorti le: 2014-09-30
Format: Ebook
Kindle

(Pdf free) Cancer is My Teacher
(English Edition)



Par Lucy O'Donnell : Cancer is My Teacher (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Cancer is My Teacher (English Edition):

Download

Read Online

Description :

Prsentation de l'diteurEvery two minutes someone in the UK is diagnosed with cancer. Lucy O'Donnell was herself three years ago. Cancer is My Teacher is her story, describing unflinchingly how she has turned the disease into a positive experience - and how you can do the same. Lucy's approach is determined but disciplined, clinical but also holistic. By addressing the physical, emotional, and spiritual aspects of cancer, Lucy covers the whole spectrum of the disease - including how to tell the family, the dos and donts of communicating with a patient, the side-effects of radiotherapy and chemotherapy - and gives practical advice on how to keep looking your best and even what to pack for surgery. Cancer is My Teacher offers guidance for anyone in the early stages of diagnosis, in treatment or trying to readjust afterwards. It also helps family

and loved ones to understand what they're going through - and, above all, carries a message of hope for everyone touched by cancer. Revue de presse 'Lucy O'Donnell has achieved something special in this outstanding book: a commitment to helping cancer sufferers help themselves' --Dr Martin Scurr 'This is a wonderfully moving but also practical guide. Not only does it detail the physical and medical milestones, but it is a powerful and illuminating meditation on the inner journey of the cancer sufferer. I think everyone who reads it will find it quite exceptional' --Elizabeth Buchan 'Cancer is My Teacher gave me a deeper insight into those suffering with cancer and how I could be there for them. It also reaffirmed what I already know to be true: that when life is condensed down to its very essence, there is only love. The human spirit is bigger and brighter and more incredible than we can imagine - Lucy O'Donnell is proof of that' --Santa Montefiore

Présentation de l'auteur Every two minutes someone in the UK is diagnosed with cancer. Lucy O'Donnell was herself three years ago. Cancer is My Teacher is her story, describing unflinchingly how she has turned the disease into a positive experience - and how you can do the same. Lucy's approach is determined but disciplined, clinical but also holistic. By addressing the physical, emotional, and spiritual aspects of cancer, Lucy covers the whole spectrum of the disease - including how to tell the family, the dos and don'ts of communicating with a patient, the side-effects of radiotherapy and chemotherapy - and gives practical advice on how to keep looking your best and even what to pack for surgery. Cancer is My Teacher offers guidance for anyone in the early stages of diagnosis, in treatment or trying to readjust afterwards. It also helps family and loved ones to understand what they're going through - and, above all, carries a message of hope for everyone touched by cancer.