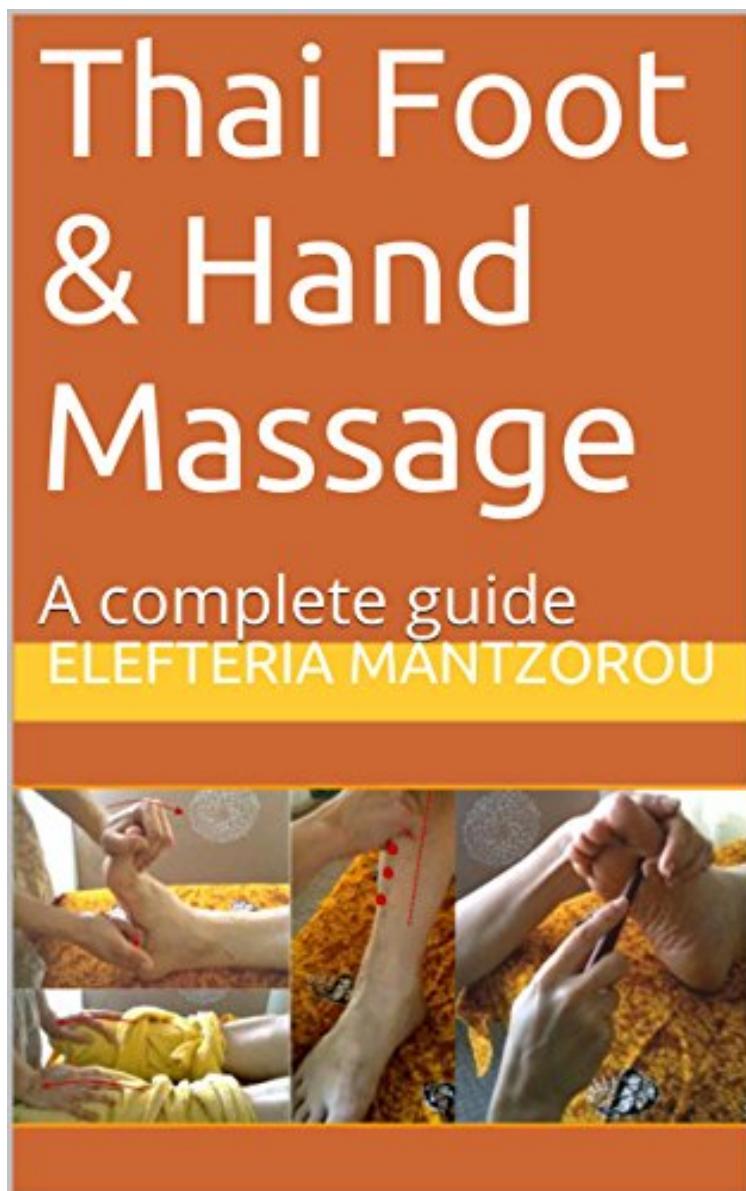


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# Thai Foot Hand Massage: A complete guide (English Edition)



*Par Eleftheria Mantzorou*  
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Prsentation de l'diteurThai Foot Massage is an ancient art, and part of traditional Thai Medicine. In Thailand, it is the most widely applied treatment.This book is indispensable for all massage teachers, as it contains information and tips from a well experienced massage instructor with 10+ years of experience. Also, it will be valuable for those who wish to start learning simple massage techniques in order to apply them to family members and friends.In this book, you will find:Detailed descriptions on traditional Thai Foot Massage

techniques. Instructions on massage techniques on the dorsal and palmar surfaces of the foot  
Work with massage wooden tools and towels  
Thai Hand Massage instructions  
A small section on self-massage. Elefteria Mantzorou learned the sacred art of Thai Massage in Thailand. Since 2004, she has taught Thai Massage, Thai Foot Massage and Thai Herbal Massage to hundreds of students.  
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