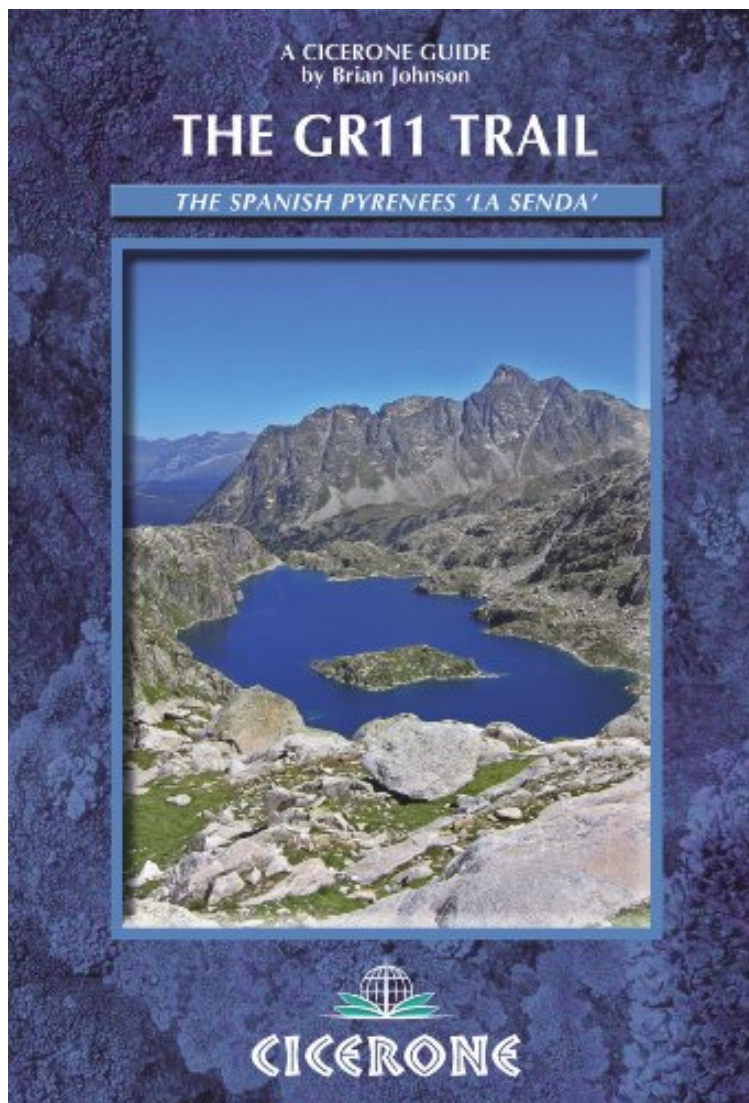


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The GR11 Trail - La Senda: Through the Spanish Pyrenees



Par Brian Johnson

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Description :

Prsentation de l'diteurThis comprehensive guidebook to the magnificent GR11 trail, which runs 820km from the Atlantic to the Mediterranean, provides everything trekkers will need to take up the challenge - detailed route description, excellent photographs, lots of background information and unique custom-produced maps. This glorious traverse of the Pyrenees, on the Spanish side, is a serious challenge - passing over a succession of high alpine passes where boulderfields, scree slopes and occasional snowfields may need to be crossed - but it is now well waymarked and has regular opportunités to top up on food and drink, described within the routes and in a detailed place-by-place appendix at the back. Also included are bad weather options -

although the weather is often good along this route - detours to find accommodation at some points, and advice on accommodation, supplies, language and logistics, as well as a glossary including Aragon, Basque and Catalan words, to help you find your way. Presentation de l'auteur This comprehensive guidebook to the magnificent GR11 trail, which runs 820km from the Atlantic to the Mediterranean, provides everything trekkers will need to take up the challenge - detailed route description, excellent photographs, lots of background information and unique custom-produced maps. This glorious traverse of the Pyrenees, on the Spanish side, is a serious challenge - passing over a succession of high alpine passes where boulderfields, scree slopes and occasional snowfields may need to be crossed - but it is now well waymarked and has regular opportunities to top up on food and drink, described within the routes and in a detailed place-by-place appendix at the back. Also included are bad weather options - although the weather is often good along this route - detours to find accommodation at some points, and advice on accommodation, supplies, language and logistics, as well as a glossary including Aragon, Basque and Catalan words, to help you find your way. Biographie de l'auteur Brian Johnson is a prolific trekker and mountain enthusiast. He has completed three thru-hikes of the Pacific Crest Trail, a 2700-mile round-Britain walk, three hikes across the Pyrenees from the Atlantic to the Mediterranean, a single summer completion of the Munros and has climbed all the Corbetts in Scotland. He has also completed a 2200-mile cycle tour of Spain and France.