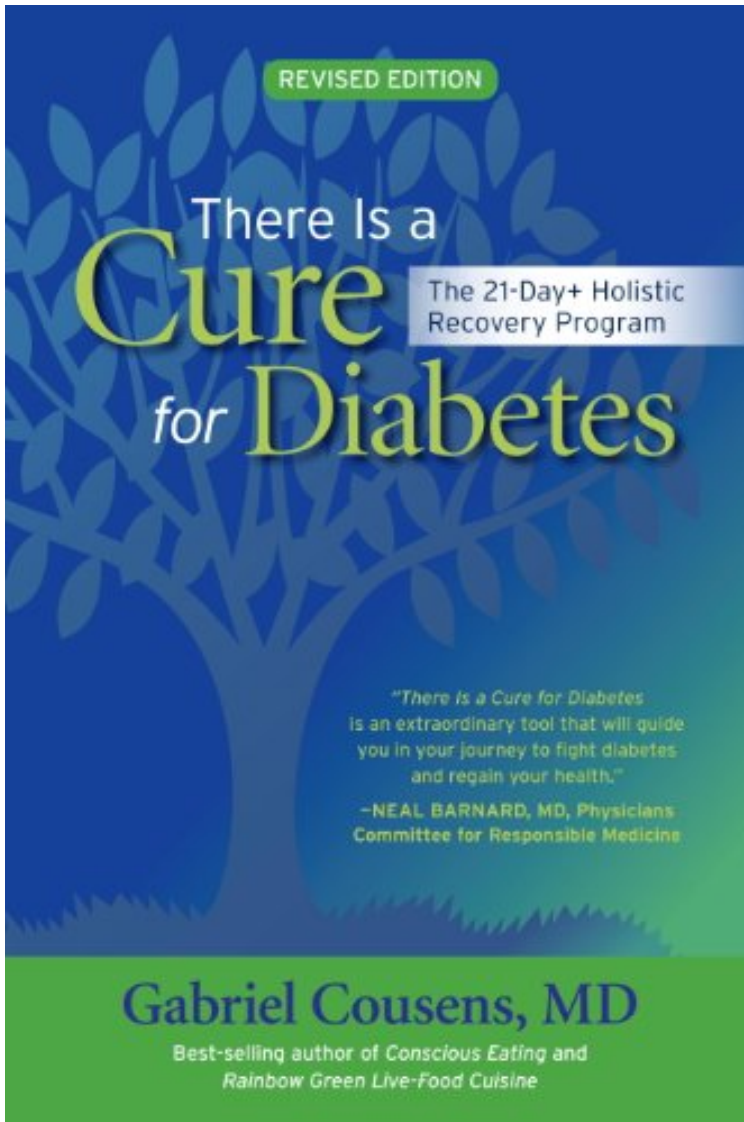


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There Is a Cure for Diabetes, Revised Edition: The 21-Day+ Holistic Recovery Program



Par Gabriel Cousens MD
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Description :

Prsentation de l'diteurThis new edition of There Is a Cure for Diabetes offers an innovative approach to the prevention and healing of what Dr. Gabriel Cousens calls chronic diabetes degenerative syndrome. A leading medical authority in the world of live-food nutrition, Dr. Cousens exposes the dangers of excess glucose and fructose as the key causes of this seemingly unstoppable epidemic that affects more than twenty-five million Americans and 347 million people worldwide. Cousens, whose Diabetes Recovery Program is the most successful antidiabetes program in the world, presents a three-week plan that focuses on a moderate-low complex carbohydrate, live food, plant-source-only diet that reverses diabetes to a physiology of health

and well-being by resetting the genetic expression of a persons DNA. The program renders insulin and related medicines unnecessary within four days as the blood sugar drops to normal levels, and the diabetic shifts into a nondiabetic physiology within two weeks. Substantially revised throughout, this practical and encouraging guide reveals the risks of low cholesterol and low omega 3s in ones diet and includes more than 140 delicious and healthy recipes. The book represents a major breakthrough in understanding the synergy that helps cure diabetes. From the Trade Paperback edition. *Revue de presse* The second edition of *There Is a Cure for Diabetes* is groundbreaking. Dr. Gabriel Cousens gets impressive results that speak for themselves. He is reducing and even eliminating the need for medication, rated by The Journal of the American Medical Association as the fourth leading cause of death in people with diabetes. This well-documented book is all the more important and a better alternative. Terry Shintani, MD, JD, MPH, author of *The Good Carbohydrate Revolution* Now in a newly revised and expanded edition [Dr. Gabriel Cousens] provides the non-specialist general reader with a comprehensive program for containing diabetes, both in terms of treating the symptoms as well as their underlying causes. *Midwest Book Praise* for the first edition There is abundant evidence that people with even long-standing diabetes can improve their health dramatically and practically reverse their condition. Gabriel Cousens, MD, shows you how to tackle this disease through lifestyle intervention, explaining how a low-fat, vegan diet could save your life. *There Is a Cure for Diabetes* is an extraordinary tool that will guide you in your journey to fight diabetes and regain your health. Neal Barnard, MD, Physicians Committee for Responsible Medicine With this book, Gabriel Cousens, MD, takes his place among the world's leading physician-healers. A synthesis of his thirty-five years of clinical experience, *There Is a Cure for Diabetes* presents a practical, comprehensive, and highly effective holistic approach for treating and curing one of our most common diseases. It is the greatest contribution to the treatment of diabetes I've encountered in the forty years since I began my medical training. Dr. Rob Ivker, DO, ABHM, co-founder and past president of the American Board of Holistic Medicine and author of *Sinus Survival* Gabriel Cousens, MD, has clearly established himself as the world's leading medical authority on diabetes. His *Tree of Life* program is proven to completely reverse Type-2 diabetes and markedly improve the condition of those suffering from Type-1 diabetes. David Wolfe, author of *Eating for Beauty* and *The Sunfood Diet Success System* and founder of Sunfood Nutrition and The Fruit Tree Planting Foundation As a doctor who has treated diabetes for nearly thirty years, I can tell you with certainty that the standard medical protocols and management of this illness are not only inappropriate, they're absurd. In sharp contrast, Gabriel Cousens, MD, has developed a protocol for successfully restoring the health and well-being of diabetics, sparing them the pain and agony of unnecessary and inevitable amputations, obesity, blindness, and premature death. If followed, his advice in *There Is a Cure for Diabetes* provides diabetics freedom from their illness and enriches the quality of their lives. Daniel Nuchovich, MD, director of Jupiter Gardens Medical Center and Jupiter Institute of the Healing Arts "The beauty of Gabriel's work is that he's not just putting forward an interesting theory the people he's cured of diabetes are living proof that it works. The truths in [*There is a Cure for Diabetes*] go behind diabetes they're a sensible lifestyle choice for all human beings." *The Mother* magazine "There is a Cure for Diabetes: The Tree of Life 21-Day+ Program by Gabriel Cousens, M.D., prescribes fasting and a low glycemic, low insulin scoring diet." *Publishers Weekly* "Massively packed with information and references to studies and other scientific papers that can make your head spin. [Cousens'] years of tireless scientific research for the living foods community is a precious gift for those of us seeking a much healthier lifestyle. All in all, *There Is A Cure For Diabetes* is an excellent book for a raw foodist library." *Raw Food Right Now!* "Gabriel Cousens book, *There is a Cure for Diabetes: The Tree of Life 21-Day+ Program*, is a comprehensive guide not to living with diabetes but for learning how to live without it. It is, as the author explains, about embracing a culture of life rather than a culture of death. In reading this book, do not expect an approach of moderate changes to your lifestyle adding this, or subtracting that this is about total physical and spiritual transformation." *Spiritualitea.com* *Présentation de l'auteur* This new edition of *There Is a Cure for Diabetes* offers an innovative approach to the prevention and healing of what Dr. Gabriel Cousens calls chronic diabetes degenerative syndrome. A leading medical authority in the world of live-food nutrition, Dr. Cousens exposes the dangers of excess glucose and fructose as the key causes of this seemingly unstoppable epidemic that affects more than twenty-five million Americans and 347 million people worldwide. Cousens, whose *Diabetes Recovery Program* is the most successful antidiabetes program in the world, presents a three-week plan that focuses on a moderate-low complex carbohydrate, live food, plant-source-only diet that reverses diabetes to a physiology of health and well-being by resetting the genetic expression of a persons DNA. The program renders insulin and related medicines unnecessary within four

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